

## PULSS

# MAGAZINE FOR MODERN TOWNSPEOPLE

**PULSS** is the magazine for modern townspeople, focusing on everything new and exciting that happens in Tallinn. The magazine, based on private capital, has been published since 2010.

PULSS is distributed free of charge among the clients of partners, including best hotells, cafes, shops, sports clubs, restaurants, beauty salons, banks, airports, etc.

The target group of PULSS is the townspeople aged 25 to 60 with an active lifestyle and the average or higher income, males as well females. They care about their health and do sports, are active consumers of culture and travel abroad and in their own country. The reader of PULSS is interested in fashion, style and cosmetics and is willing to spend money on quality leisure time.

### PULSS.ONLINE:

https://PULSS.ONLINE

### RUBRICS OF THE MAGAZINE

**PERSON** A cover story of a well-known townsperson

**UNDER SCRUTINY** A longer story on a burning issue in town.

**EVERYDAY LIFE** A workday of an interesting Tallinner

### **TECHNOLOGY NEWS**

**ABROAD** A foreigner living in Tallinn describes the city from the observer's point of view

### **COLUMN**

**VISIT** A visit to a townsperson's workplace or home

**BE HEALTHY** Stories of health problems or well-being

**PETS** Pets of townspeople

**CULTURE** Books, cinema, music, design

**ARTS** A portrait of an artist in the studio

**HOUSE** History of a fully renovated building in Tallinn

### **FASHION AND BEAUTY**

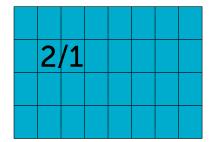
Fashion series, style pages, beauty news, theme stories, a stylish person

### PRICES & DIMENSIONS

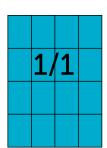
AD Space	Dimensions	Price
* 2/1 double at pages 2-3	420 x 297 + 5 mm bleed	5 000 €
* 2/1 double page	420 x 297 + 5 mm bleed	3 500 €
* 1/1 back cover	210 x 297 + 5 mm bleed	5 000 €
* 1/1 front cover inside	210 x 297 + 5 mm bleed	3 500 €
* 1/1 single page	210 x 297 + 5 mm bleed	2 000 €
* 1/2 horizontal/vertical	210 x 148.5 or 105 x 297 + 5 mm	1 200 €
* 1/3 horizontal/vertical	210 x 99 or 70 x 297 + 5 mm	800 €
* 1/4 product news	105 x 148.5 mm	450 €

<sup>\*</sup> Does not include VAT

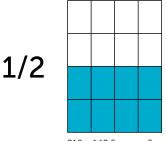




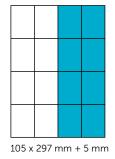
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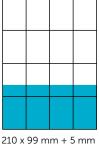
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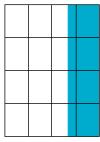


210 x 148,5 mm + 5 mm



1/3





70 x 297 mm + 5 mm



### **PUBLICATION DATA**

PULSS is issued cuarterly 4 times a year

EST/ENG

MARCH JUNE SEPTEMBER DECEMBER

### TECHNICAL DATA

Size 210x297 mm Pages paper 100 g, cover 200 g

### **PUBLISHER**

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### ADVERTISING:

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### **DISTRIBUTORS**

### FREE TIME PLACES

**Arctic Sport** 

Arensburg Boutique Hotel & Spa

**Audentes Fitness** 

City Spa

Eesti Rahvusraamatukogu

**GOSPA / Georg Ots Spa Hotel** 

**Grand Rose SPA** 

**Hotell Barons** 

Kalev Spa Kino Artis

Kumu

Mila Studio

MyFitnessi spordiklubid

Spordiklubi Reval Sport

Spordiklubi Sparta

**Savoy Boutique Hotel** 

Tere Tennisekeskus

Tondiraba Tennisekeskus

Zelluloosi Spordiklubi

Valeri Studio Fitness&Yoga

Viljandi Pärimusmuusika Ait

Saare Golf

### **RESTAURANTS AND CAFES**

**Bollywood** 

**Butterfly Lounge** 

Café More Viru Keskus

Cafe Refresh!

Classic Kohvik

Fish&Wine

Gianni

**Gourmet Coffee** 

Kohvik Boheem

**Kohvik Kompott** 

Kohvik NOP

Kohvik Peterson

Maiasmokk Mamo

Mmuah

nAnO

**Reval Café** 

Sfäär

Vapiano.

Wabadus

### **SHOPS**

**Baltman Bastion** 

Ivo Nikkolo

Monton Stuudio-kauplus "Oh So Retro"

Mosaic

### CAR SALONS

Pilot Motors **Mariine Auto** 

Hairmail

Info-Auto

Audi Tallinn Lexus Tallinn

### **BOUTIQUES**

2. Mood

Aleksander Boutique

**Anna Boutique** 

Armani

Baldinini **BonBon Lingerie** 

Companys

Don&Donna **Elegance Boutique**  **Fashion Angel Boutique** 

Fashionclub **Fashion House** 

Franky

Fresco Boutique

Gant

**Gerard Darel** Guess

G-Star

**Hugo Boss ICON** Inspira Liu Jo **Luxton Boutique** Make Up Store

Mario Melani

MaxMara

Nju Butiik Replay

Roosikrantsi Kingastuudio

Sergio Tacchini

S'Nob Studio T

**Tango Boutique** 

### **BEAUTY SALONS**

Salon+ juuksurisalongid Alessandro ilustuudio **Ilusalong Beauty Lounge** 

**Ilusalong Central** Cinderella ilusalong Désirée ilusalong

Salong FashionHair Finissage Medical Spa

**Ilusakong Ajapeatus Kuressaares** 

**Ilusalong Ginger** Ilustuudio Ilusahver Ilu Võlu ilusalong Intersalon

**Ilusalong JEM** Ilusalong Kaunis Kaunimaks Ilusalong La Sharm Liilia ilusalong Pikk 40 salong **Privileg Day Spa** Roosikrantsi ilusalong Savannah' ilusalong **Salong Scarlett** Sim Salong Sinine Salong SKIN ilusalong i3 ilusalong

## OTHER PLACES

Circle K kohvikud Kuressaare Lennujaam Rävala Radisson Blu Sky Hotel Swedbank teenindussaalid Swissôtel Tallinn Tallink VIP lounge Tallinna Lennujaam Tartu Lennujaam